

Daily Plan ~ Day 2

Tuesday, June 8, 2004

Day Coordinator: Sandra Schultz, National Park
Service Upper Delaware Scenic and Recreational River

Minisink Ford, NY to Matamoras, PA

Paddle Beside the D&H Canal for 17 Miles ~ Class I and II Rapids



Campers will breakfast at Lander's Campground, Minisink Ford, NY at 7:00 A.M. Break camp at 7:30 and drive to rendezvous at Lander's Matamoras Base. ***Leave private boats at Lander's Campground, Minisink Ford, NY.***

- 8:00 A.M. Registration and check-in at Lander's Matamoras Base. Day-Trippers load private boats on trailers for shuttle to put-in
 - 9:00 A.M. Shuttle departs for Lander's Minisink Ford Base, NY for put-in
 - 9:30 A.M. Safety Talk
 - 9:45 A.M. Launch at Lander's Minisink Ford Base and paddle for 6.5 miles to Lander's Pond Eddy Base
 - 11:45 A.M. Lunch at Lander's Pond Eddy Base
 - 12:15 P.M. Program on the "*D&H Canal*"
 - 12:45 P.M. Resume paddling for 4.5 miles to Landers Knights Eddy Base
 - 2:00 P.M. Rest Break and Snack at Landers Knights Eddy Base
 - 2:15 P.M. Resume paddling for 2.5 miles to below the Mongaup Rapid
 - 3:00 P.M. Visit Mongaup D&H Canal Lock # 58
 - 3:30 P.M. Back on river for the final 3.5-mile white water stretch of the upper Delaware
 - 4:00 P.M. Take-out at Lander's Matamoras Base
- Campers travel to Worthington State Forest (estimate 2 hour drive time) and set-up camp in North Camping Area. Campers please park in Douglas Parking Area adjacent to North Camping Area.
- Note:** There are shower facilities at this location.
- 6:00 P.M. Dinner at Camp Area - Provided by Shawnee on the Delaware
 - 7:30 P.M. Program at Camp Area: "*William O. Douglas & the Wilderness Bill of Rights*"

Many thanks to today's Sojourn Partners:

Upper Delaware Council, Upper Delaware Scenic and Recreational River and Delaware Water Gap National Recreation Area, National Park Service; Lander's Canoes and Campgrounds; New Jersey State Parks and Forestry; Volunteer Rich Egan.

***Water Levels** – Water height is highly relevant in the Upper Delaware section of the river for two reasons:

1. High water can inundate the river banks and islands where flooded trees and vegetation can create what are known as “strainers.” Strainers are very, very dangerous and can trap boats and people under water.
2. High water changes the characteristics of the rapids on the Upper Delaware. Some “wash out” while others become more dangerous.

Above the 8-foot water level the National Park Service recommends only “highly skilled boaters in properly equipped rafts or in closed boats.”

Average water levels: 2.9-4.5 ft levels – Everyone may take the trip in canoes or kayaks.

High Water Options –

Moderate water: 4.5 – 6 ft levels – Take the trip. Rafts recommended for less skilled boaters

High water: 6-8 ft levels – Take the trip. Rafts required for people renting watercraft and less skilled boaters.

Very High water: 8-feet and above – No River Trip – Alternate Land Activities –

Sojourners will drive to the Ten Mile River Access and hike the Tusten Mountain Trail in the morning.

Lunch will be served at Lander’s Minisink Ford Base after the hike.

In the afternoon Sojourners can visit the Gillinder Glass Museum and Fort Decker in Port Jervis and/or High Point State Park in NJ. Or they could visit Grey Towers National Historic Site in Milford, PA and Raymondkill Falls on their way to Worthington State Park in NJ.